

# Woo Stories

## EPISODE 6 RESOURCES

### FINDING YOUR STORY



#### BRAINSTORM TIPS



Write a list of things you love to talk about!

Think of a problem that affects you. How would you solve it?

Find a question you can't answer by just looking it up online.

Draw, go for a walk, paint a picture, or listen to music to inspire yourself. What are the ideas running through your mind as you do these activities?

Record yourself talking about whatever is on your mind for 5-10 minutes every morning. Use those recordings to inspire you or as raw material for your podcast!

#### HOW DO I CHOOSE?

If one idea doesn't stand out, bring your ideas to someone you love talking to, maybe a friend or family member. See which idea they're most interested in and write down any questions they have for you.

#### YIKES! THIS IS A LOT OF WORK!

Podcasts can be the most fun when you do them with someone else. It's all about connecting with other people, so see if a friend or family member would like to help you or collaborate on a topic that you both enjoy!



Woo Stories is an educational podcast produced by the Worcester Division of Youth Opportunities.



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