Legal Aid

Community Legal Aid provides free civil legal assistance to low-income and elderly residents of Worcester County. (508) 752-3718 http://www.communitylegal.org

DAWN. (*Developing Alternatives for Women Now*) provides services for women adjudicated for sex-related offenses. **(508) 757-8350** https://ywcacm.org/victim-services/

Victim Rights Law Center is the first law center in the nation dedicated solely to advocating for the civil legal needs of sexual assault survivors. (508) 669-7020 or

(617) 399-6720 x19 | Español x35

http://www.victimrights.org/

Worcester Intervention Network (W.I.N.) is a collaboration of police, prosecutors, and victim advocates to help victims of domestic violence. (508) 799-8610

https://ywcacm.org/domestic-violence

Housing Assistance

Central Mass Housing Alliance helping communities in and around Worcester respond to the needs of the homeless. (508) 791-7265 http://www.cmhaonline.org/

Homeless Shelter Directory a website for users to search for homeless shelters in their area to find one that best suits their needs.

https://www.homelessshelterdirectory.org/



Worcester Housing Authority focuses on providing residents a place to stay and raise their families that is clean, safe, and supportive. (508) 635-3000

http://www.worcesterha.org/

Food & Shelter Assistance

Catholic Charities Worcester County provides various services from food, family shelter, women's recovery, homecare, and education. (508) 798-0191 | https://www.ccworc.org/

St. John's Catholic Church Hotel Grace
Provides food and temporary shelter for women
and men. (508) 756-7165
https://stjohnsworcester.org

Worcester County Food Bank distributes food to local food pantry or community meal program. (508) 842-3663. Use this link to find a food distribution site near you https://foodbank.org/find-food/

Social Justice/Advocacy

The Center for Living and Working works with individuals with disabilities to maximize individual independence and opportunities. (508) 798-0350 | http://www.centerlw.org/

Literacy Volunteers of Greater Worcester aims to build a more literate community.

(508) 754-8056 | http://www.lvgw.org/

National Organization for Women takes action to bring about the sharing of equal rights, responsibilities, and opportunities between men and women.

https://now.org/chapter/worcester-now/

Senior Services

Elder Services of Worcester Area provides inhome and community services for elders.

(508) 756-1545 | http://www.eswa.org/



Worcester Senior Center offers health and wellness programming, computer classes, and other educational and recreational activities for seniors. (508) 799-1232

http://www.worcesterma.gov/senior-center

Advisory Committee on the Status of Women

The Advisory Committee on the Status of Women meets on the first Tuesday of every month at 5:45 pm in City Hall.

The Committee's primary function is to formulate, encourage, promote, and monitor programs and policies relative to the status of women in the City of Worcester.

Interested in women's rights?
Want to know more?



Get involved!

We are always looking for new members! The Advisory Committee on the Status of Women welcomes all who are interested in working to address concerns of particular interest to Worcester women.

For more information on how to participate and become a member, please call (508) 799-8486

Or visit our website http://www.worcesterma.gov/ACSW

This link provides access to a <u>Google Map for the listed resources.</u>



The City Manager's Advisory Committee on the Status of Women

Services for Women in Worcester

A Resource Guide



"Alone we can do so little; together we can do so much."

- Helen Keller

For Women and Families

Abby's House serves female and children victims of domestic violence and homelessness. Offers shelter, housing, advocacy, and educational programs. (508) 756-5486 http://www.abbyshouse.org/

The Center for Women and Enterprise enables women to become more economically self-sufficient by helping them start and grow their businesses. (508) 363-2300 https://www.cweonline.org/

Dress For Success Worcester empowering women to feel their best and obtain guidance for your interview. Also, programs for job retention, training, and career center. (508) 796-5660 https://worcester.dressforsuccess.org/

Family Services of Central Massachusetts provides support, guidance, and counseling to individuals and families in need. (508) 756-4646 http://www.fscm.org/

Hopewell primarily provides comprehensive foster care services and programs for young adults transitioning out. Offers support to stabilize families involved with DCF and a Share Living Program for adults with disabilities.

(508) 755-7100 | https://hopewellinc.org/

The Marie Anne Center offers a free computer lab, after-school program, and ESL classes.

(508) 736-6987 http://www.marieannecenter.org/

Visitation House Inc. is a caring home providing women of age 18+ with unplanned pregnancies a path to cherish and sustain the life of their babies. (508) 798.8002 | https://visitationhouse.org/

The YWCA of Central Massachusetts provides transitional housing, childcare, ESL classes, and wellness programs. (508) 791-3181 http://www.ywcacentralmass.org/

Health

AIDS Project Worcester assists persons living with HIV/AIDS and their families and educates the community about sexually transmitted disease prevention. (508) 755-3773 http://aidsprojectworcester.org/

Family Health Center of Worcester

Provides comprehensive, coordinated health care for the entire family. Including maternal and child health services to residents of Worcester. (508) 860-7700

http://www.fhcw.org/en/HealthServices

Edward M. Kennedy Community Health Center is a full-service provider of primary care, medical specialties, dental, mental health, and social services. (508) 852-2122 | (508)852-1805 http://www.kennedychc.org

Pernet Family Health Service provides home-based health and social services to individuals and families. (508) 755-1228 http://www.pernetfamilyhealth.org/

Planned Parenthood - Central Massachusetts Health Center provides comprehensive and complementary reproductive health care services. (800) 258-4448 http://www.plannedparenthood.org

Women's Health of Central Massachusetts provides obstetrical and gynecological care for women. (508) 755-4861 | http://whcma.com/

YMCA Domestic Violence of Central Mass is designed to meet the needs of women and children whose lives are affected by interpersonal violence. All services are confidential and free of charge. 24hour hotline (508) 755-9030

http://www.ywcacentralmass.org

Behavioral Wellbeing

Community Healthlink Inc. provides youth and family support, substance abuse treatment, outpatient counseling, and homeless outreach. (508) 860-1000

http://www.communityhealthlink.org/

Everyday Miracles Peer Recovery Support Center offers recovery-related workshops, training, services, meetings, and social events. (508) 799-6221

http://www.everydaymiraclesprsc.org

Open Sky Community Services provides services to individuals with disabilities, behavioral issues, or substance abuse challenges. Housing and homeless services. (508) 755-0333 https://www.openskycs.org/

Pathways for Change provides quality services to all persons whose lives have been affected by sexual violence. (800) 870-5905

https://www.pathwaysforchange.help/pfc/

South Bay Mental Health Center is a behavioral healthcare center offering adult day services, early intervention programs, and outpatient mental health services. (508) 791-4976 https://southbaycommunityservices.com/

The Women's Recovery Continuum at Community Healthlink provides support for women who are recovering from addiction to drugs and/or alcohol. Programs include Faith House, Maranda's House, and Orchard House. (508) 860-1202 http://www.communityhealthlink.org

Young Women

The Boys and Girls Club of Worcester provides education and career development, sports, fitness and recreation opportunities, and life skills for youth. (508) 754-2686 http://bgcworcester.org/

Children's Friend provides services to meet the mental and emotional needs of children and strengthen families. (508) 753-5425 https://www.childrensfriend.org

Girls Inc. provides after-school programs, pre-teen and teen programs, and summer programs to girls Grades K-12. (508) 755- 6455 http://www.girlsincworcester.org/

The Investing in Girls Alliance improving services for middle-school girls in greater Worcester via advocacy, education, research, and collaboration. (508) 757-5631 http://www.investingingirls.org/

LUK Inc offers prevention, counseling, placement, and support services for youth and families. (800) 879-0000 | (508) 762-3000 https://www.luk.org/

The Worcester Youth Center free drop-in program for youth between the ages of 14-24 with social, educational, and recreational opportunities. (508) 791-4702

http://www.worcesteryouthcenter.org/

YOU Inc. provides child welfare and behavioral health services. (508) 849-5600 http://www.youinc.org/

Culture

Ansaar of Worcester devoted in large part to helping Muslim refugees and immigrants living in the Worcester community. (508) 566-9946 https://www.ansaarofworcester.org/

Ascentria Care Alliance service the needs of Worcester's low income, refugee, and immigrant communities. (774) 243-3100 https://www.ascentria.org/ourservices/worcester-client-center

African Community Education provides educational and community-oriented programs targeted toward African refugee and immigrant children living in Worcester. (508) 799-3564 http://www.acechildren.org/

Centro Inc. provides social services for the Hispanic community. (508) 798-1900 | https://centroinc.org

Interfaith Hospitality Network of Greater Worcester building bridges between congregational and community leaders to serve and nurture homeless families regardless of income and family structure.

(508) 755-2212 | http://ihnworcester.org/

Southeast Asian Coalition of Central Massachusetts enables Southeast Asians to integrate into mainstream society while helping them to preserve their cultural identity. (508) 791-4373 | http://www.seacma.org

Worcester Cultural Coalition is the unified voice of Worcester's cultural community and provides information on upcoming events in the community. (508) 799-1400 https://worcesterculture.org/

Worcester Refugee Assistance Project (WRAP)

empowering Burmese refugees toward sustainable self-reliance with programs and education for all family members.

(774) 276-1602

http://www.worcesterrefugees.org/

